

EARLY ENDEMIC PHASE GUIDELINES FOR ACTIVITY CENTRES FOR SENIOR CITIZENS

This document provides the Measures under which activity centres for senior citizens are permitted to carry out activities during Brunei's early endemic phase within the National COVID-19 Recovery Framework.

COVID-19 Control Measures in Endemic Phase

- **Use of the Bruhealth App:**
 - a. All premises must register for a Bruhealth QR code.
 - b. The owner of premises is to ensure all individuals entering the premises scan their Bruhealth app once entering (this includes all employees/staff/volunteers).
 - c. The owner of premises to ensure only individuals with green and yellow Bruhealth codes are allowed to enter.
- **Complete Vaccination:**
 - a. The owner of premises is to ensure all employees/staff/volunteers eligible to be vaccinated(no medical contraindications) are fully vaccinated.
- **Mask wearing:**
 - a. All individuals aged 2 or older, should wear a mask over their nose and mouth in indoor public places, on public transport, in crowded outdoor settings, and for activities with close contact with others who are not fully vaccinated.
 - b. Mask can be taken off when:
 - i. In hotel rooms or accommodation with members of the household.
 - ii. In an enclosed individual workspace.
 - iii. During strenuous activity during Sports and recreational activities.
 - iv. Own vehicle and involve household members.
 - v. Indoor or outdoor public areas and places without any other individuals.
 - vi. When eating and drinking in a public place without any other individual (other than in a restaurant or food premises).
- **Hand hygiene and cough and sneezing etiquette:**
 - a. If individuals have been in a public place, or after blowing their nose, coughing, or sneezing, they are advised to wash their hands frequently with soap and water, but if not readily available, use a hand sanitiser that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- **Physical distancing measures are in place:**
 - a. at least 1.5m apart between individuals when possible.
- **Ventilation of premises:**
 - a. The owner of indoor premises to ensure premises have adequate ventilation.
- **Self Health monitoring and ART testing:**
 - a. Individuals are advised to monitor health daily for symptoms.
 - b. It is recommended that vaccinated people do an ART as a matter of routine once every 2 weeks. And test before attending gatherings or visiting others in their home.

Fully vaccinated individuals

An individual is considered to be fully vaccinated if he/ she has received the appropriate regimen of WHO Emergency Use Listing (WHO EUL) vaccines or BDMCA-approved vaccines. Vaccination status in an individual's BruHealth, International Certificate of Vaccination or Prophylaxis book (Yellow Book), or other acceptable vaccination records may be shown to the management of a premise or organiser of the event as proof of vaccination.

Proof of negative ART

This will be required for individuals who are unvaccinated or partially vaccinated to ENTER PUBLIC PREMISES. Proof must be in the form of an ART conducted under observation by the relevant authority or store owner or can be in the form of a certificate issued by an ART certification centre that is registered with the Ministry of Health. These certificates will be issued with a validity period that expires in 2 (two) days. Children under the age of 12, when together with a party of fully vaccinated adults will be granted the same exemptions that apply to fully vaccinated individuals during the endemic phase only

Measures for activities at Activity Centres for Senior Citizens

Safe Capacity

- 75% normal capacity of the premises/venue at any one time or up to 300 individuals (follow whichever figure is lower). Capacity must comply with COVID19 control measures. Capacity must include organisers and staff.

Activities

- **All individuals are allowed to attend. However, Individuals who are not fully vaccinated must have Proof of negative ART.**
- COVID19 Control Measures are to be in place.
- Use of the Bruhealth app is mandatory.
- Individuals with symptoms should not attend.
- The wearing of face masks is **required**.
- Physical distancing measures are **required**.
- **Regular ART** is recommended for staff every fortnight.

Sanitation and Hygiene

- Centres must appoint staff to carry out enhanced cleaning and housekeeping both daily and regularly. Disinfect with disinfectant regularly, frequently touched areas such as handrails, lift

surfaces and buttons, door knobs/handles, letterboxes, notice boards, digital displays, touch screen panels, and tables and chairs in the common areas;

- Provide hand sanitisers at high human traffic points;
- Ensure refuse bins are covered at all times and cleared daily. Tie refuse contained in plastic bags properly before disposal at the bin centre;
- Clean up immediately any refuse spillage;
- Wash and disinfect all refuse bins, bin chambers, and bin centres where necessary;
- Engage licenced waste contractors to remove refuse daily; and
- Cleaning staff are expected to:
 - Soak cleaning cloths in household bleach at the proper concentration according to manufacturer's instructions and wash the cloth after use or before reuse; and
 - Clean and disinfect all cleaning equipment immediately after use.